

LESROOSTER

Short Time Training

FITNESSLESSEN
Geldig vanaf 1 december 2022

MA



CIRCUIT TRAINING
10.00
FITNESS



6 - PACK
10.30
FITNESS



CIRCUIT TRAINING
14.00
FITNESS



6 - PACK
14.30
FITNESS



CIRCUIT TRAINING
19.00
FITNESS



6 - PACK
19.30
FITNESS

DI



CIRCUIT TRAINING
19.00
FITNESS



6 - PACK
19.30
FITNESS

WO



CIRCUIT TRAINING
10.00
FITNESS



6 - PACK
10.30
FITNESS



CIRCUIT TRAINING
19.00
FITNESS



6 - PACK
19.30
FITNESS

DO



CIRCUIT TRAINING
19.00
FITNESS



6 - PACK
19.30
FITNESS

VRIJ



CIRCUIT TRAINING
10.00
FITNESS



6 - PACK
10.30
FITNESS

ZA



CIRCUIT TRAINING
10.00
FITNESS



6 - PACK
10.30
FITNESS

ZO