

LESROOSTER

Short Time Training

FITNESSLESSEN
Geldig vanaf 1 november 2021

MA



CIRCUIT TRAINING

**10.00
FITNESS**



6 - PACK

**10.30
FITNESS**



CIRCUIT TRAINING

**14.00
FITNESS**



6 - PACK

**14.30
FITNESS**



CIRCUIT TRAINING

**19.00
FITNESS**



6 - PACK

**19.30
FITNESS**

DI



CIRCUIT TRAINING

**19.00
FITNESS**



6 - PACK

**19.30
FITNESS**

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CIRCUIT TRAINING

**10.00
FITNESS**



6 - PACK

**10.30
FITNESS**



CIRCUIT TRAINING

**19.00
FITNESS**



6 - PACK

**19.30
FITNESS**

DO



CIRCUIT TRAINING

**19.00
FITNESS**



6 - PACK

**19.30
FITNESS**

VRIJ



CIRCUIT TRAINING

**10.00
FITNESS**



6 - PACK

**10.30
FITNESS**

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CIRCUIT TRAINING

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6 - PACK

**10.30
FITNESS**

ZO



CIRCUIT TRAINING

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**10.30
FITNESS**